

आधार पाठ्यक्रम: प्रथम प्रश्न पत्र - हिन्दी भाषा

(भाग-ए) परिचय

	कार्यक्रम : यूजी लेवल प्रमाण-पत्र	कक्षा : बी.ए./बी.कॉम/बी.एससी. /बी.एच.एससी./बी.सी.ए./बी.बी.ए. (प्रथम वर्ष)	वर्ष 2022	पत्र 1	2022-23
	विषय :-	आधार पाठ्यक्रम			
1	कोर्स कोड:	XI-FCEAIT			
2	कोर्स का शीर्षक:	भाषा और संस्कृति			
3	कोर्स का प्रकार	आधार पाठ्यक्रम			
4	कोर्स अपेक्षित	कक्षा 12वीं उत्तीर्ण किसी भी विषय समूह से।			
5	कोर्स अधिगम उपलब्धि (लर्निंग आउटकम) (CLO)	1. उत्कृष्ट साहित्यिक पाठों के अध्ययन से रुचि का विकास करना। 2. सांस्कृतिक चेतना और राष्ट्रीय भावना का विकास करना। 3. भाषा-ज्ञान। 4. सामान्य शब्दावली और विशेष शब्दावली के अध्ययन द्वारा भाषा एवं संस्कृति बोध का विकास करना 5. विशिष्ट शब्दावली (बीज शब्द/की वर्ड) से परिचित करवाते हुए बोध के स्तर को विकसित करना। 6. प्रतियोगी परीक्षाओं हेतु तैयार करना।			
6	क्रेडिट मान	04	क्रेडिट		
7	कुल अंक	100	अंक		
8	उत्तीर्ण अंक	35	अंक		

01/12/21

(भाग - बी) कोर्स सागरी

व्याख्यान की कुल संख्या : वर्ष में अधिकतम 15 घंटे

यूनिट	विषय	व्याख्यान की संख्या
इकाई- एक	1. मैथिलीशरण गुप्त: परिचय पाठ: मातृभूमि (कविता) 2. प्रेमचन्द: परिचय पाठ: शतरंज के खिलाड़ी (कहानी) 3. व्यंग्य: शरद जोशी- जीप पर सवार इल्लियों	5 घण्टे
इकाई- दो	1. वैचारिक-भारतीय भाषाओं में राम 2. आचार्य रामचन्द्र शुक्ल: परिचय पाठ: उत्साह (भावमूलक निबन्ध) 3. रामधारी सिंह दिनकर: परिचय पाठ: भारत एक है (संस्कृति) 4. आदिशंकराचार्य-जीवन व दर्शन	5 घण्टे
इकाई- तीन	1. पर्यायवाची शब्द; विलोम शब्द; अनेक शब्द के लिए एक शब्द (हिन्दी व्याकरण) 2. संधि और उसके प्रकार (हिन्दी व्याकरण) 3. बीज शब्द- धर्म, अद्वैत, भाषा, अवधारणा, उदारीकरण।	5 घण्टे
सार बिन्दु (की वर्ड) / टैग सर्च करे: मैथिलीशरण गुप्त: प्रेमचंद रामधारी सिंह दिनकर	मैथिलीशरण गुप्त की कविता मातृभूमि प्रेमचंद शतरंज के खिलाड़ी भारत एक है रामधारी सिंह दिनकर	

आचार्य रामचन्द्र शुक्ल

स्वामी विवेकानन्द

धर्म तथा है

अद्वैत

भाषा शिक्षण

भाषा परिभाषा

अवधारणा का अर्थ एवं परिभाषा

उदासीकरण की विशेषता

पर्यायवाची शब्द

दिलीप शब्द

अनेक शब्द के लिए एक शब्द

सधि

उल्लास निबन्ध रामचन्द्र शुक्ल

शिक्षणो व्याख्यान

(भाग सी)

अनुशासित अध्ययन संसाधन

पाठ्य पुस्तके, सन्दर्भ पुस्तके, अन्य संसाधन

प्रेमचन्द- मानसरोवर, खण्ड 3

आचार्य रामचन्द्र शुक्ल- चिन्तामणि, भाग 1

डॉ. वासुदेव नन्दन प्रसाद: आधुनिक हिन्दी व्याकरण और रचना,
भारती भवन, ठाकुर बाड़ी रोड, पटना, बिहार

डॉ. राजेश्वर चतुर्वेदी, हिन्दी व्याकरण- उपकार प्रकाशन, आगरा
उ.प्र.

हिन्दी ज्ञान कोश

इन्टर नेट सामग्री- टैग में उल्लेखित

(भाग डी)

निरंक

आचार्य
डॉ. रामचन्द्र शुक्ल

PART A: Introduction

Program: UG Level	Class: I Year	Year: 2022	Session: onwards 2022-23
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Subject: Foundation Course (English)

1.	Course Code	XI-FCHBIT
2.	Course Title	English Language and Indian Culture
3.	Course Type (Core Course/Elective/Generic Elective/ Vocational)	Foundation Course
4.	Pre-Requisite (if any)	To study this course, a student should have basic knowledge of English language. This course will be studied by all the students of UG level under the Foundation Course category.
5.	Course Learning Outcomes (CLO)	Through this course the students will be able to: 1. Prepare for various competitive exams by developing their English language competence. 2. Promote their comprehension skills by being exposed to a variety of texts and their interpretations. 3. Build and enhance their vocabulary. 4. Develop their communication skills by strengthening grammar and usages. 5. Inculcate values which make them aware of national heritage and environmental issues, making them responsible citizens.
6.	Credit Value	Credit 4
7.	Total Marks	Max. Marks: 100 Min. Pass Marks: 35

PART B: Content of the Course

Total No. of Lectures-Tutorials- Practical (in hours per week): L-T-P		
Unit	Total No. of Lectures: Topics	No. of Lectures
I	Reading, Writing and Interpretation Skills: 1. Where The Mind is Without Fear- Rabindranath Tagore [Key Word: Patriotism] 2. National Education - M. K. Gandhi [Key Word: Edification] 3. The Axe- R.K Narayan [Key Word: Environment] 4. The Wonder That Was India- A.L Basham (an excerpt) [Key Word: Indianness] 5. Preface to the Mahabharata C. Rajagopalachari [Key Word: Indian Mythology]	05
II	Comprehension Skill: Unseen Passage followed by Multiple choice questions	05
III	Basic Language Skills 1: Vocabulary Building: Suffix, Prefix, Synonyms, Antonyms, Homophones, Homonyms and One-word substitution. 2: Basic Grammar: Noun, Pronoun, Adjective, Verb, Adverb, Prepositions, Articles,	05

Time and Tense

PART C: Learning Resources

Textbooks, Reference Books, Other Resources

Suggested Readings

- Essential English Grammar – Raymond Murphy, Cambridge University Press.
- Practical English Grammar Exercises 1- A. J. Thomson & A. V. Martinet, Oxford India.
- Practical English Usage - Michael Swan, Oxford
- English Grammar in Use – Raymond Murphy, Cambridge University Press.

Part D: Assessment and Evaluation

Max Marks: 100	Min Marks: 35	University Exam (UE)	Total: 100
U.E. Time 2 Hours			

	External Assessment (UE)	Time: 2 Hours	
	Fifty Multiple Choice /Objective/True-False type questions to be asked. Each question carries one mark		

A.S. Kushwah
31.5.21


Dr. A.S. Kushwah
Chairman BOS Jiwaji University, Gwalior

A.S. Kushwah
31/05/21
प्राचार्य
शा.एस.एल.पी. स्नातकोत्तर महाविद्यालय
मुरार, ग्वालियर

Foundation Course: ENVIRONMENTAL EDUCATION

PART A: Introduction

Program: UG Level Certificate	Class: UG I Year	Year: FIRST year	Session: 2 onwards 2022-23
Subject: Environmental Education			
1.	Course Code	X1-FCAC1T	
2.	Course Title	Environmental Education	
3.	Course Type (Core Course/Elective/Generic Elective/ Vocational)	Foundation Course	
4.	Pre-Requisite (if any)	<p>A course intended to create awareness about the life of human beings which is an integral part of environment; and to inculcate the skills required to protect the environment from all sides.</p> <p>To study this course, the student must have a knowledge about the environmental components, pollution, biodiversity, and ecosystem at senior secondary, class 12th level:</p>	
5.	Course Learning Outcomes (CLO)	<ol style="list-style-type: none"> 1. To understand various aspects of life forms, ecological processes, and the impacts on them by the human during Anthropocene era. 2. To build capabilities to identify relevant environmental issues, analyze the various underlying causes, evaluate the practices and policies, and develop framework to make inform decisions. 3. To develop empathy for all life forms, awareness, and responsibility towards environmental protection and nature preservation. 4. To develop the critical thinking for shaping strategies such as; scientific, social, economic, administrative & legal, environmental protection, conservation of biodiversity, environmental equity and sustainable development. 5. To prepare for the competitive exams. 	
6.	Credit Value	Credit 4 credit	
7.	Total Marks	Max.Marks : 100	Min. Passing Marks: 35


 (डा. अर्चना पंचोली)

PART B: Content of the Course


Total No. of Lectures-15 Hrs. (01 hours per week):

Total No. of Lectures: 15

Unit	Topics	No. of Lectures
I	<p>Environment and Natural Resources:</p> <ul style="list-style-type: none"> • Multidisciplinary nature, Scope and Importance of Environment • Components of Environment: Atmosphere, Hydrosphere, Lithosphere, and Biosphere. • Brief account of Natural Resources and associated problems: Land Resource, Water Resource, Energy Resource • Concept of Sustainability and Sustainable Development <p><i>Keywords: Environment, Forest, Mineral, Food, Land, Water, Energy, Sustainable Development</i></p>	5 Hrs.
II	<p>Biome, Ecosystem and Biodiversity:</p> <ul style="list-style-type: none"> • Major Biomes: Tropical, Temperate, Forest, Grassland, Desert, Tundra, Wetland, Estuarine and Marine • Ecosystem: Structure function and types their Preservation & Restoration • Biodiversity and its conservation practices. <p><i>Keywords: Biome, Ecosystem, Biodiversity</i></p>	4 Hrs.
III	<p>Environmental Pollution, Management and Social Issues:</p> <ul style="list-style-type: none"> • Pollution: Types, Control measures, Management and associated problems. • Environmental Law and Legislation: Protection and conservation Acts. • International Agreement & Programme. • Environmental Movements, communication and public awareness programme. • National and International organizations related to environment conservation and monitoring. • Role of information technology in environment and human health. <p><i>Keywords: Pollution, Environmental Legislation, Environmental Movement, Environmental programme and organization.</i></p>	6 Hrs.

Suggested activities: (at least one)

1. Visit to an area to document environmental assets: rivers / forest / flora / fauna.
2. Visit to a local polluted site Urban / Rural/ Industrial / Agricultural
3. Study of simple ecosystem.


 (डा. अर्चना पंचोली)

PART C: Learning Resources

Textbooks, Reference Books, Other Resources

- Singh; J.S., Singh S.P. and Gupta, S.R.; "Ecology; Environment Science and Conservation", S Chand publishing, New Delhi, (2018)
- Divan, S. and Rosencranz, A., "Environmental Law and Policy in India :Cases, Material & Status" Oxford University Press, India, (2002) 2nd Edition.
- Odum, E.P., "Fundamentals of Ecology", Philadelphia Saundres, (1971)
- Bharucha, Erach, "Environmental studies" Universities Press India Pvt. Ltd. Hyderabad (2014) (Hindi Edition also available).
- Kaushik, Anubha, Kaushik, C.P. "Perspectives in Environmental Studies "New age International Publishers, (2018), 6th Edition.
- Asthana, D. K Asthana Meera, "A Textbook of Environmental Studies", S. Chand.Publishing, New Delhi, (2007)
- National Digital Library (<https://ndl.iitkgp.ac.in/homestudy/science>)
- Epg- pathshala (<https://epgp.inflibnet.ac.in/Home/Download>)
- NPTEL (<https://nptel.ac.in/course.html>)
- Coursera (<https://www.coursera.org/search?query=environmental+science&page=1>)
- इराक भरूचा, पर्यावरण अध्ययन, ओरियन्ट ब्लैकस्वान प्राइवेट लिमिटेड नई दिल्ली (2014)
- दयाशंकर त्रिपाठी, पर्यावरण अध्ययन] मोतीलाल बनारसीलाल पब्लिशर्स दिल्ली.(2005)
- रतन जोशी, पर्यावरण अध्ययन, साहित्य भवन पब्लिकेशन्स.(2018)

Suggested equivalent online course –

- i. The Health Effects of Climate Change (edx)
- ii. Climate Change: Financial Risks and Opportunities (edx)
- iii. Introduction to Environmental Law and Policy (coursera)
- iv. Women in environmental biology (coursera)
- v. Our Earth: It's Climate, History, and Processes (coursera)
- vi. Ecology, physiology, environmental science (national digital library)

AD
(डा० अर्चना पंचोली)

Foundation Course: Yoga and Meditation

Part-A: Introduction

Program: Certificate course	Class: B.A. 1 Year	Year: 2022	Session: 2022-23
Subject: Yogic Science			
1.	Course Code	A1-YOSC1F	
2.	Course Title	Yoga and Meditation (Paper-2)	
3.	Course Type	Foundation Course	
4.	Pre-requisite (If any)	For BA I Year students, this course is compulsory for all.	
5.	Course Learning Outcomes	After studying this course, students will be able to: <ul style="list-style-type: none"> • Take care of their own Physical Mental emotional, social and spiritual health. 	
6.	Credit Value	Theory: 04	
7.	Total Marks	Max. Marks: 100	Min. Passing Marks: 35

Part-B: Content of the Course

Total numbers of Lectures (in hours per week): 2 hours per week
Total Lectures: 30 hours; L - T - P: 2 - 0 - 0

Units	Topics	No. of Lectures
I	Introduction to Yoga and Yogic Practices 1. Yoga: Etymology, definitions, aim, objectives and misconceptions 2. Yoga: Its Origin, history and development 3. Rules and regulations to be followed by Yoga Practitioners 4. Introduction to Yoga practices 5. Shatkarma: meaning, purpose and their significance in Yoga Sadhana 6. Introduction to Yogic Loosening practices and Surya Namaskar Key Words: History and Development of Yoga, Shatkarma, Common Yogic Practices.	10
II	Breathing Practices and Pranayama	10

	<p>2.Yogic Deep Breathing 3.Concept of Puraka, Rechaka and Kumbhaka 4. Concept of Bandha and Mudra 5. Anulmoa Viloma/Nadi Shodhana 6. Shitali 7. Bhramari</p> <p>Key Words: Sectional breathing, Deep breathing, Bandha & Mudra, Shitali, Bhramari.</p>	
III	<p>Practices leading to Meditation</p> <p>1. Recitation of Pranava Mantra 2. Recitation of Hymns, in vocations and prayers 3. Antra Maun 4. Breath Meditation 5. Om Dhyana</p> <p>Key Words: Pranav Mantra, Antra maun, Breath Meditation, Om Dhyana.</p>	10

Part-C: Learning Resources

Text Books, Reference Books, Other resources

Suggested Readings:

1. Singh S. P & Yogi Mukesh: Foundation of Yoga, Standard Publication, New Delhi, 2010.
2. Swami Dharendra Brahmchari: Yogasana Vijnana, Dharendra Yoga Publication, New Delhi, 1966.
3. Saraswati, Swami Satyanand: Asana, Pranayama, Mudra, Bandha (APMB), Yoga Publication Trust, Munger, 2013.
4. H. R. Nagendra: Asana, Pranayama, Mudra, Bandha, Swami Vivekananda YogPrakashan, Bangalore, 2002.
5. Ishwar Bhardwaj: Saral Yogasana, Satyam Publishing House, New Delhi, 2018.
6. Shri Rai Singh Chouhan: Mudra Rahasya, Bhartiya Yog Sansthan, New Delhi, 2014.
7. Dr. Vishwanath Prasad Sanha: Dhyana Yoga, Bhartiya Yog Sansthan, New Delhi, 1987.
8. Shri Deshraj: Dhyana Sadhana, Bhartiya Yoga Sansthan, New Delhi, 2015.

Suggestive digital platforms web links:

1. www.rishikeshnathyogshala.com

Suggested equivalent online courses: 1. <https://sahayji.com/hathayoga-course>

2. <https://theyogainstitute.org/>

Part D: Assessment and Evaluation

Maximum Marks: 100

University Examination (Objective) 100

Time: 01.00 Hour

External Assessment:

Objective questions

50

University Examination

Total

100

Any Remarks/suggestions: