

**Scheme of BPES
First Year**

Code	Title of Papers	Total Hours	Credits	Internal Marks	External Marks	Total Marks
BPES 101	ANATOMY AND FIRST AID	8	8	40	60	100
BPES 102	History of Physical Education	8	8	40	60	100
BPES 103	Methods of Physical Education	8	8	40	60	100
Elective Course (Any one)						
BPES 104 A	English and General Knowledge of Sports and Physical Education	8	8	40	60	100
BPES 104 B	Environmental Science					
Part -B Practical Course						
BPES P 105	INTERNAL PRACTICAL (SKILL)	8	8	40	60	100
Total		40	40	200	300	500

**Scheme of BPES
Second Year**

Code	Title of Papers	Total Hours	Credits	Internal Marks	External Marks	Total Marks
BPES 201	PHYSIOLOGY	8	8	40	60	100
BPES 202	KINESIOLOGY	8	8	40	60	100
BPES 203	EUDCATIONAL PSYCHOLOGY	8	8	40	60	100
Elective Course (Any one)						
BPES 204 A	INTRODUCTION TO SOCIAL SCIENCES	8	8	40	60	100
BPES 204 B	HEALTH EDUCATION					
Part -B Practical Course						
BPES P 205	TEACHING PRACTICE	8	8	40	60	100
Total		40	40	200	300	500

**Scheme of BPES
Third Year**

Code	Title of Papers	Total Hours	Credits	Internal Marks	External Marks	Total Marks
BPES 301	Tests and Measurements	8	8	40	60	100
BPES 302	Correctives and Rehabilitation in Physical Education	8	8	40	60	100
BPES 303	Professional Preparation	8	8	40	60	100
Elective Course (Any one)						
BPES 304B	Foundation of Physical Education	8	8	40	60	100
BPES 304B	Management in Physical Education					
Part -B Practical Course						
BPES P305	Specialization:- Sports Skill	8	8	40	60	100
Total		40	40	200	300	500